



Every Lifeguard System Includes the Following Components:



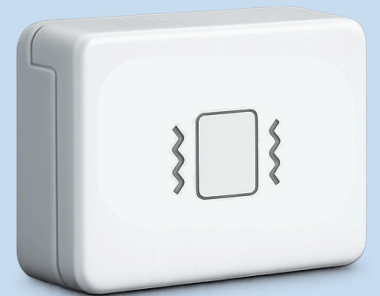
1 Bathroom Humidity Sensor



4 Wi-Fi Motion Sensors (Non-Camera)



1 Connection Hub



1 Fridge Sensor
2 Door Sensors

Personalized Bi-Weekly Wellness Reports

Providing clear insight into daily movement patterns to support proactive care.

Lifeguard
WELLNESS REPORT

ID# 53
 January 11-January 24

Wellness Dashboard

MOBILITY & ACTIVITY

SLEEP

NUTRITION & HYDRATION

HYGIENE

● Stable - Maintain Support Plan

● Minor Variation - Monitor Early Deviations

▲ Significant Deviation - Review Care Plan

No Alerts

Patterns That Matter: Tracking Progress Over Time

Category	Trend
Mobility & Activity	
Overall Activity Levels	↑
Periods of Inactivity > 3hr	-
Sleep Hygiene	
Sleep Duration	↑
Sleep Interruptions	↑
Sleeping 4 hrs Past Usual Wake Time	-
Nutrition & Hydration	
Kitchen Activity Levels	-
Hygiene & Self-Care	
Bathroom Activity Levels	↓
Shower / Hygiene Events	-

Lifeguard
OBSERVATIONS

Mobility & Activity

Daily household activity levels

Sleep Hygiene

Nighttime activity may indicate restlessness or disrupted sleep.

Avg. Sleep Duration	Avg. Sleep Interruptions	Avg. Bed Time	Avg. Wake Time
7h36	1.33	22:19	05:55

○ # of Sleep Interruptions

Nutrition & Hydration

Day-by-day overview of kitchen activity

Hygiene & Self-Care

Bathroom activity



Wi-Fi Included at No Additional Cost to the Family